

How Firm a Foundation

1. How firm a foundation, ye saints of the Lord,
is laid for your faith in his excellent word!

What more can he say than to you he hath said,
to you who for refuge to Jesus have fled?

2. "Fear not, I am with thee, O be not dismayed,
for I am thy God and will still give thee aid;
I'll strengthen and help thee, and cause thee to stand
upheld by my righteous, omnipotent hand.

3. "When through deep waters I call thee to go,
the rivers of woe shall not thee overflow;
for I will be with thee, thy troubles to bless,
and sanctify to thee thy deepest distress.

4. "When through fiery trials thy pathways shall lie,
my grace, all-sufficient, shall be thy supply;
the flame shall not hurt thee; I only design
thy dross to consume, and thy gold to refine.

5. "The soul that on Jesus still leans for repose,
I will not, I will not desert to its foes;
That soul, though all hell should endeavor to shake,
I'll never, no, never, no, never forsake."

*The United Methodist Hymnal Number 529
Text: 'K' in Rippon's A Selection of Hymns
Music: Early USA melody; harm. from Tabor
Tune: FOUNDATION, Meter: 11 11.11 11*

Break Thou the Bread of Life

1. Break thou the bread of life, dear Lord, to me,
as thou didst break the loaves beside the sea;
beyond the sacred page I seek thee, Lord;
my spirit pants for thee, O Living Word!

2. Bless thou the truth, dear Lord, to me, to me,
as thou didst bless the bread by Galilee;
then shall all bondage cease, all fetters fall;
and I shall find my peace, my all in all.

*The United Methodist Hymnal Number 599
Text: Mary A. Lathbury, 1841-1913
Music: William F. Sherwin, 1826-1888
Tune: BREAD OF LIFE, Meter: 64.64 D*

Praise God, from Whom All Blessings Flow

Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host;
praise Father, Son, and Holy Ghost.
Amen.

*The United Methodist Hymnal Number 095
Text: Thomas Ken
Music: Attr. to Louis Bourgeois
Tune: OLD 100TH, Meter: LM*

Sweet Hour of Prayer

1. Sweet hour of prayer! sweet hour of prayer!
that calls me from a world of care,
and bids me at my Father's throne
make all my wants and wishes known.
In seasons of distress and grief,
my soul has often found relief,
and oft escaped the tempter's snare
by thy return, sweet hour of prayer!

2. Sweet hour of prayer! sweet hour of prayer!
the joys I feel, the bliss I share
of those whose anxious spirits burn
with strong desires for thy return!
With such I hasten to the place
where God my Savior shows his face,
and gladly take my station there,
and wait for thee, sweet hour of prayer!

3. Sweet hour of prayer! sweet hour of prayer!
thy wings shall my petition bear
to him whose truth and faithfulness
engage the waiting soul to bless.
And since he bids me seek his face,
believe his word, and trust his grace,
I'll cast on him my every care,
and wait for thee, sweet hour of prayer!

*The United Methodist Hymnal Number 496
Text: William Walford, 1772-1850
Music: William B. Bradbury, 1816-1868
Tune: SWEET HOUR, Meter: LMD*

The Lord's Prayer

Our Father, who art in Heaven,
hallowed be thy name. Thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses as we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil,
For thine is the kingdom and the power and the glory forever. Amen

The Church's One Foundation

1. The church's one foundation is Jesus Christ her Lord;
she is his new creation by water and the Word.
From heaven he came and sought her
to be his holy bride;
with his own blood he bought her,
and for her life he died.

2. Elect from every nation, yet one o'er all the earth;
her charter of salvation, one Lord, one faith, one birth;
one holy name she blesses,
partakes one holy food,
and to one hope she presses,
with every grace endued.

3. Though with a scornful wonder we see her sore oppressed,
by schisms rent asunder, by heresies distressed,
yet saints their watch are keeping;
their cry goes up, "How long?"
And soon the night of weeping shall be the morn of song.

4. Mid toil and tribulation, and tumult of her war,
she waits the consummation of peace forevermore;
till, with the vision glorious, her longing eyes are blest,
and the great church victorious shall be the church at rest.

5. Yet she on earth hath union with God the Three in One,
and mystic sweet communion with those whose rest is won.
O happy ones and holy!
Lord, give us grace that we like them, the meek and lowly,
on high may dwell with thee.

*The United Methodist Hymnal Number 545
Text: Samuel J. Stone, 1839-1900
Music: Samuel Sebastian Wesley, 1810-1876
Tune: AURELIA, Meter: 76.76 D*

Freely, Freely

1. God forgave my sin in Jesus' name,
I've been born again in Jesus' name,
and in Jesus' name I come to you,
to share his love as he told me to.

Refrain:
He said, "Freely, freely you have received,
freely, freely give.
Go in my name,
and because you believe,
others will know that I live."

2. All power is given in Jesus' name,
in earth and heaven in Jesus' name,
and in Jesus' name I come to you,
to share His power as He told me to.
(Refrain)

*The United Methodist Hymnal Number 389
Text: Carol Owens, 1972 (Mt. 10:8; 28:18-20)
Music: Carol Owens, 1972
Tune: ---, Meter: 99.99 with Refrain*